

# Fishkill Farms Community Supported Agriculture Winter Share:

Timeframe: Mid November –Early March (Approx. 16 weeks)

Pickup: Saturdays and Sundays, 10am – 6pm, at Fishkill Farm's Store



Join us for our second winter CSA. We have more winter-hardy and storage crops than ever before and we're excited to share them with our members. Fresh items in our winter share will include apples, potatoes, Brussels sprouts, cabbage, kale, greens, fresh-pressed cider and more. Later in the season, we will have an amazing variety of freshly frozen items from this season's production on the farm: sun-ripe tomatoes perfect for sauce and soup, halved peaches, strawberries, black currants, sweet corn, sweet peppers, hot peppers, and plenty of cooking greens.

We are also offering several add-ons to this year's winter share:

- Fishkill Farms Pasture-Raised Egg Share: eggs from our pastured hens throughout the winter
- Fishkill Farms Meat Share: A selection of cuts and sausages from our pastured lamb, and whole *soup birds* (from our flock of laying hens)
- Hudson Valley Fresh Milk Share
- Local (Niese's & Cronins) Honey & Maple Share

To join, fill out the form below and send it to or drop it off at our store. Pickups will be Saturdays and Sundays during our business hours of 10am-6pm, on the farm. The share runs approximately 16 weeks-- from the end of November through mid March.

**Our first official pickup weekend will be Nov. 26<sup>th</sup> & 27<sup>th</sup>. However, to make this special pickup in time for Thanksgiving, it will be ready to be picked up on Wednesday Nov. 23.**

We encourage you to sign up by Nov. 23, but if you miss it, we will still accept CSA applications for a few weeks thereafter. Nonetheless, we encourage members to sign up as soon as possible. Otherwise you will miss out on some of the wonderful fresh fall greens and abundance of apple varieties.

### **More Information about the Farm Share:**

Here are some of the crops that may appear in the standard CSA share:

#### ***Fresh:***

**Winter Squash**

**Apples**

**Brussels Sprouts**

**Cabbage**

**Cider**

**Potatoes**

**Greens**

#### ***Frozen:***

**Peaches**

**Tomatoes (standard and heirloom)**

**Black currants**

**Strawberries**

**Sweet Corn**

**Greens**

Production of greens and vegetables, even frost-hardy varieties like Brussels sprouts, comes to a near standstill in the dead of winter, and apples have limited storage potential, so the weekly shares will become lighter between the months of January and March. In these months, frozen produce will replace fresh produce in the share. In fact, members may choose to pick up their shares on a bi-weekly basis during these months.

Why purchase a Winter CSA share? It may not provide quite the same variety that a summer share can, but on our farm, we think it comes pretty close. What it does do is provide a rare opportunity to eat locally throughout the year. The winter CSA is perfect for a family or couple seeking to supplant their winter food intake of “long-distance” produce with local whole foods that are pure and in most cases organic or beyond organic. Joining our winter CSA is a direct way to help support the growth and development of a year-round local food system.

Similar to our summer shares, all the vegetables and berries are grown organically, and the apples and peaches are low-spray IPM.

### **Additional Options (You may sign up for as many as you would like):**

***Egg Share-*** Biweekly pickup. One dozen eggs from our pasture-raised hens per pickup. If you don't yet understand why we raise our chickens on pasture, you will when you taste these eggs! Most people who've seen the yolk color alone of eggs laid by truly pastured birds (not just so called “free-range”) simply won't go back to store bought eggs. 8 pickups total.

***Meat Share-*** Biweekly pickup. Various cuts from our flock of pastured, pampered sheep. We are a small lamb producer, with a flock of just under 20, so each sheep gets a great deal of individual attention. Our lambs eat only pristine grass, are moved to fresh pasture religiously, and not given anything unnatural, other than medicine if they are sick. Also included will be 1 or 2 “soup birds,” old hens from our laying flock which make incredible soup and stock. 8 pickups total.

***Hudson Valley Fresh Milk Share-*** Weekly Pickup. Receive a container of your choice of premium milk, half and half or cream from Hudson Valley Fresh Dairy Cooperative. Award winning, and sustainably produced, HVF also supports Hudson Valley Dairy farmers by guaranteeing them a fair price. 16 pickups total.

***Local Honey/Maple Share:*** Biweekly Pickup. A selection of local honey and maple syrups to keep your days sweet throughout the winter. From Niese's & Cronin's—two local & sustainable family owned farms. Including some unique and special flavors. 16 pickups total.

## CSA FAQ:

Q: What is a CSA, anyway?

A: CSA stands for community supported agriculture. Members purchase a season's worth of farm produce up-front and receive a share weekly. This allows us to grow more because we know we will have a market. In exchange, CSA members receive a better deal and first dibs on specialty items from the farm.

Q: I am currently a member of your Summer CSA, which ends in December. How can I join the Winter CSA without overlapping?

A: Members of our summer CSA may join our winter share on a pro-rated basis. The summer CSA will overlap the beginning of the winter CSA by 3 (three) weeks. CSA shares will be the same for our summer and winter shares during the period that they overlap. We will continue to accept new Winter CSA members at a pro-rated price until we run out of space. See prorated price at the application form at the end of this document.

Q: Does the winter share have a pick-your-own element?

A: There may be some pick-your-own items in November and possibly December. For the most part, all items will be pre-picked.

Q: What happens to my share if I am out of town?

A: You can ask a friend or neighbor to pick up your share for you. If you call or email us and let us know, we will generally be able to keep your items until you come back, with the exception of some fresh items that might not last if you are gone for a long period of time.

Q: What happens to my share if it is snowing?

A: If it is snowing lightly, we will stay open and have your shares available for you as usual. If there is a heavy snowstorm, we will send an email with an alternate pick-up date.

Q: Can I pick up my share on Christmas or New Years?

A: We will be closed on these days and schedule an alternate pick-up date, probably the day before or after the holiday.

Q: Can I purchase the CSA add-ons without purchasing the CSA?

A: Yes.

Q: Can I purchase multiple shares?

Yes. For instance, you may elect to participate in 2 egg shares or mix and match milk shares, such as 2 half gallons a week, or 1 half gallon and 1 pint of half and half. Simply circle the shares you'd like, indicate how many, and include payment for all on your application.

## Fishkill Farms 2011/12 Winter CSA Application

If you would like to be a member of Fishkill Farms' CSA for the 2011/12 season, please send this form with a check for the value of the share(s) you choose. Checks should be made out to "Fishkill Farms" For more information, call us at (845) 897-4377 or email [info@fishkillfarms.com](mailto:info@fishkillfarms.com)

**Full Name (Print):** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Please select your options (and indicate how many of each option you'd like if choosing multiples)**

\_\_\_ Fruit and Vegetable Share : \$380 (16 weekly pickups)

\_\_\_ Egg Share: \$44 (8 biweekly pickups)

\_\_\_ Lamb Share: \$180 (8 biweekly pickups)

\_\_\_ Milk Share- *Hudson Valley Fresh* (16 weekly pickups):

\_\_\_ Half Gallon Whole, Low-Fat, or Skim: \$52

\_\_\_ Half Gallon Chocolate: \$60

\_\_\_ Pint Half and Half: \$28

\_\_\_ 8 Ounces Heavy Cream: \$28

\_\_\_ Honey & Maple Share- (*Niese's/Cronins*) (8 biweekly pickups): \$80

**TOTAL:** \_\_\_\_\_

(Prorating info for current CSA members: deduct the following from the price of the fruit and vegetable winter share- \$102 if you are a full farm member, \$59.10 if you are a vegetable only member and \$42.90 if you are a fruit only member)

**Mail Completed Applications with check to:**

**Fishkill Farms, 9 Fishkill Farm Rd., Hopewell JCT, NY 12533**

CSA APPLICATION AGREEMENT: I would like to participate in the Fishkill Farms CSA for the 2011/12 growing season. I have read the brochure on Fishkill Farms' CSA, and understand that the weather and other factors beyond the control of Fishkill Farms may result in more or less of the crops or quantities mentioned in the brochure. I understand that the 2011 CSA programs may have a U-Pick component, and that as a member, I may have the responsibility to harvest some of my own produce. I also understand that shares are limited and available on a first come, first serve basis, and that the cost of shares is non-refundable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_