

Fishkill Farms Community Supported Agriculture Winter Share 2012/2013:

Timeframe: Mid November -- Mid March (Approx. 16 weeks)

Pickup: Saturdays and Sundays, 10am – 6pm, at Fishkill Farm's Store



Join us for our third winter CSA. We have a great selection of winter-hardy and storage crops and we're excited to share them with our members. Fresh items in the share will include apples, potatoes, brussels sprouts, cabbage, kale, greens, fresh-pressed cider and more. Later in the season, we will have an amazing variety of items freshly frozen from the season's production: sun-ripe tomatoes perfect for sauce and soup, halved peaches, strawberries, black currants, sweet corn, sweet peppers, hot peppers, and plenty of cooking greens.

We are also offering several add-ons to this year's winter share:

- Fishkill Farms Pasture-Raised Egg Share: eggs from our pastured hens throughout the winter
- Fishkill Farms Meat Share: A selection of cuts and sausages from our pastured lamb, and whole *soup birds* (from our flock of laying hens)
- Hudson Valley Fresh Milk Share
- Local (Niese's & Cronins) Honey & Maple Share

To join, fill out the form below and send it to or drop it off at our store. Pickups will be Saturdays and Sundays during our business hours of 10am-6pm, on the farm. The share runs approximately 16 weeks-- from the end of November through mid March.

Our first official pickup weekend will be Nov. 24th & 25th. However, to make this special pickup in time for Thanksgiving, it will be ready to be picked up on Wednesday Nov. 21.

We encourage you to **sign up by Nov. 21**, but if you miss it, we will still accept CSA applications for a few weeks thereafter. Nonetheless, we encourage members to sign up as soon as possible, as shares are limited and available on a first come first served basis. To be safe, send us your application in October.

More Information about the Farm Share:

Here are some of the crops that may appear in the standard CSA share:

Fresh:

Winter Squash

Apples

Brussels Sprouts

Cabbage

Cider

Potatoes

Greens

Frozen:

Peaches

Tomatoes (standard and heirloom)

Black currants

Strawberries

Sweet Corn

Greens

Production of greens and vegetables, even frost-hardy varieties like Brussels sprouts, comes to a near standstill in the dead of winter, and apples have limited storage potential, so the weekly shares will become lighter between the months of January and March. In these months, frozen produce will replace fresh produce in the share. In fact, members may choose to pick up their shares on a bi-weekly basis later in the season.

Why purchase a Winter CSA share? It may not include the fresh fruits and vegetables of the summer, but instead it provides a rare opportunity to eat local food throughout the winter, when it is hardest to get. Plus, on our farm, we grow enough storage crops and freeze enough produce to provide a variety that rivals our summer share. The winter CSA is perfect for a family or couple seeking to supplant their winter intake of “long-distance” food with local whole foods that are pure and in most cases organic or beyond organic. Joining our winter CSA is a direct way to help support the growth and development of a year-round local food system.

Similar to our summer shares, the vegetables, berries and some apples are grown organically while the peaches and most apples are low-spray IPM.

Additional Options (You may sign up for as many as you would like):

Egg Share- Weekly pickup. One dozen eggs from our pasture-raised hens per pickup. If you don't yet understand why we raise our chickens on pasture, you will when you taste these eggs! Most people who've seen the yolk color alone of eggs laid by truly pastured birds (not just so called “free-range”) simply won't go back to store bought eggs. 16 pickups total.

Meat Share- Biweekly pickup. Various cuts from our flock of pastured, pampered sheep. We are a small lamb producer, with a flock of just under 20, so each sheep gets a great deal of individual attention. Our lambs eat only pristine grass, are moved to fresh pasture religiously, and not given anything unnatural, other than medicine if they are sick. Also included will be 1 or 2 “soup birds,” old hens from our laying flock which make incredible soup and stock. 8 pickups total.

Hudson Valley Fresh Milk Share- Weekly Pickup. Receive a container of your choice of premium milk, half and half or cream from Hudson Valley Fresh Dairy Cooperative. Award winning, and sustainably produced, HVF also supports Hudson Valley Dairy farmers by guaranteeing them a fair price. 16 pickups total.

Local Honey/Maple Share: Biweekly Pickup. A selection of local honey and maple syrups to keep your days sweet throughout the winter. From Niese's & Cronin's—two

local & sustainable family owned farms. Including some unique and special flavors. 16 pickups total.

CSA FAQ:

Q: What is a CSA, anyway?

A: CSA stands for community supported agriculture. Members purchase a season's worth of farm produce up-front and receive a share weekly. This allows us to grow more because we know we will have a market. In exchange, CSA members receive a better deal and first dibs on specialty items from the farm.

Q: What happens to my share if I am out of town?

A: You can ask a friend or neighbor to pick up your share for you. If you call or email us and let us know, we will generally be able to keep your items until you come back, with the exception of some fresh items that might not last if you are gone for a long period of time.

Q: What happens to my share if it is snowing?

A: If it is snowing lightly, we will stay open and have your shares available for you as usual. If there is a heavy snowstorm, we will send an email with an alternate pick-up date.

Q: Can I pick up my share on Christmas or New Years?

A: We will be closed on these days and schedule an alternate pick-up date, probably the day before or after the holiday.

Q: Can I purchase the CSA add-ons without purchasing the CSA?

A: Yes.

Q: Can I purchase multiple shares?

Yes. For instance, you may elect to participate in 2 egg shares or mix and match milk shares, such as 2 half gallons a week, or 1 half gallon and 1 pint of half and half. Simply circle the shares you'd like, indicate how many, and include payment for all on your application.

Fishkill Farms 2012/13 Winter CSA Application

If you would like to be a member of Fishkill Farms' CSA for the 2012/13 season, please send this form with a check for the value of the share(s) you choose. Checks should be made out to "Fishkill Farms" For more information, call us at (845) 897-4377 or email info@fishkillfarms.com

Full Name (Print): _____

Email: _____

Phone Number: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Please select your options (and indicate how many of each option you'd like if choosing multiples)

___ Fruit and Vegetable Share : \$420 (16 weekly pickups)

___ Egg Share: \$88 (16 weekly pickups)

___ Lamb Share: \$180 (8 biweekly pickups)

___ Milk Share- *Hudson Valley Fresh* (16 weekly pickups):

___ Half Gallon Whole, Low-Fat, or Skim: \$52

___ Half Gallon Chocolate: \$60

___ Pint Half and Half: \$28

___ 8 Ounces Heavy Cream: \$28

___ Honey & Maple Share- (*Niese's/Cronins*) (8 biweekly pickups): \$96

TOTAL: _____

Mail Completed Applications with check to:

Fishkill Farms, 9 Fishkill Farm Rd., Hopewell JCT, NY 12533

CSA APPLICATION AGREEMENT: I would like to participate in the Fishkill Farms CSA for the 2012/13 growing season. I have read the brochure on Fishkill Farms' CSA, and understand that the weather and other factors beyond the control of Fishkill Farms may result in more or less of the crops or quantities mentioned in the brochure. I understand that the 2012 CSA programs may have a U-Pick component, and that as a member, I may have the responsibility to harvest some of my own produce. I also understand that shares are limited and available on a first come, first serve basis, and that the cost of shares is non-refundable.

Signature: _____ Date: _____