

FISHKILL FARMS

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Fishkill Farms 2013-14 Winter CSA Application

To join our Winter CSA program, please complete this form and make out a check for the total cost to "Fishkill Farms."

If you need some more info, feel free to give us a call at (845)-897-4377 or email us at csa@fishkillfarms.com.

Last Name(s): _____ First Name(s): _____

E-mail: _____

Phone Number: _____

Address: _____

City: _____ State: _____ Zip: _____

Please indicate how many of each share you would like to purchase:

Fishkill Farms Options (16 weekly pickups):

___ Fruit and Vegetable Share: \$450

___ Egg Share: \$88

Hudson Valley Fresh Milk Share Options (16 weekly pickups):

___ Half-Gallon of Whole-fat, Low-Fat, or Skim Milk: \$54

___ Half-Gallon of Chocolate Milk: \$60

___ Pint Half & Half: \$28

___ 8 Ounces of Heavy Cream: \$28

Honey and Maple Share (8 biweekly pickups)

___ Honey and Maple Syrup from Niese's and Cronin's Maple Farms: \$96

Total: \$ _____

Please mail completed applications with a check for the total amount to:

Fishkill Farms
9 Fishkill Farms Road
Hopewell Junction, NY 12533

Completed applications can also be dropped off at the farm store.

Please read the following CSA Application Agreement carefully:

I, the undersigned, would like to participate in the Fishkill Farms Winter CSA program. I have read the information about the CSA and I understand that weather and other factors beyond the control of Fishkill Farms may result in more or less of the crops or quantities mentioned herein. I understand that the shares are limited and available on a first-come, first-serve basis, and that the cost of shares is non-refundable.

Signature: _____ Date: _____

Fishkill Farms Community Supported Agriculture: 2013-2014 Winter Share Program

Timeframe: Beginning of December to Mid-March (Approximately 16 weeks)

Pickup: Saturdays 10-3pm

Join us for our fourth winter CSA! We have a great selection of winter-hardy and storage crops, and we're excited to share them with you and your family. Fresh items in the share will include apples, potatoes, cabbage, kale, greens, fresh-pressed cider and more. Later in the season, we will have a variety of items freshly frozen from the season's production: sun-ripe tomatoes perfect for sauces and soups, halved peaches, strawberries, blackberries, black currants, sweet and hot peppers.

We are also offering several add-ons to this year's winter share:

- Fishkill Farms' Pasture-Raised Egg Share: eggs from our pastured hens
- Hudson Valley Fresh Milk Share
- Local Honey and Maple Syrup Share (From Niese's and Cronin's Farms)

To join, please fill out the accompanying form and send it to or drop it off at our store. Or, you can send it to us at csa@fishkillfarms.com.

Pickups will take place on Saturdays from 10am-3pm. The share will run approximately 16 weeks, from the end of November through mid March. **The first pickup day will be December 7th.**

Please sign up before December 7th, as shares are limited and are available on a first-come, first-serve basis. The earlier we receive your application, the better!

More Information About the Winter Farm Share

Here are some of the crops that *may* appear in the standard CSA share:

Fresh

Winter Squash
Apples
Brussels Sprouts
Cabbage
Onions
Cider
Potatoes
Greens

Frozen

Peaches
Tomatoes (standard and heirloom)
Black Currants
Berries
Sweet Corn

Please note that production of greens and vegetables, even frost-hardy ones, comes to a near standstill in the dead of winter. Also, storage crops like apples often have limited storage potential. Thus, the weekly shares will become lighter between the months of January and March. In these months, frozen produce will replace fresh produce in the share, and overall share volume will be smaller.

Why purchase a Winter CSA share? It may not include the fresh fruits and vegetables of the summer,

but instead it provides a rare opportunity to eat local food throughout the winter, when it is hardest to get. The winter CSA is perfect for a family or couple seeking to supplement their intake of “long-distance” food with local whole foods that are grown in ecologically-sustainable ways. Joining our winter CSA is a direct way to help support the growth and development of a year-round local food system.

The vegetables, berries, and some of the apples are grown organically—the peaches and most of the apples are low-spray.

Additional Options (You may sign up for as many as you would like.)

Egg Share—Weekly pickup. One dozen eggs from our pasture-raised hens, each week. Our hens are fully pasture-raised—which means their all-natural grain diet is supplemented by fresh grass and insects that they forage in the fields. With bright yellow yolks and luscious whites, we're sure you won't want to go back to store-bought eggs after giving ours a try. 16 pickups total.

Hudson Valley Fresh Milk Share—Weekly Pickup. Receive a container of your choice of premium milk, half and half, or cream from Hudson Valley Fresh Dairy Cooperative. Award-winning and sustainably produced, HVF also supports Hudson Valley Dairy farmers by guaranteeing them a fair price. 16 pickups total.

Local Honey/Maple Share—Biweekly Pickup. A selection of local honey and maple syrups to keep your days sweet throughout the winter. From Niese's & Cronin's, two local & sustainable family-owned farms. Includes some unique and special flavors! 8 pickups total.

CSA FAQ:

Q: What is a CSA, anyway?

A: CSA stands for community-supported agriculture. In this sales model, members purchase a season's worth of produce in one up-front payment. Then, they pick up a share of farm products weekly. CSA members provide integral beginning-of-season financial support to farmers, and in exchange, they receive a great deal on local produce all season long!

Q: What happens to my share if I am out of town?

A: You can ask a friend or neighbor to pick up your share for you—just give us a call or email so we know who they are!

Q: Can I purchase the milk, honey/maple, or egg share without purchasing the vegetable/fruit share?

A: Yes!

Q: Can I purchase multiple shares?

A: Yes. For instance, you may elect to participate in 2 egg shares or mix and match milk shares: e.g., 2 half-gallons of milk a week, 1 half-gallon and 1 pint of half-and-half, etc. Simply indicate how many of each share you would like to purchase on your CSA application.